

## NUTRITIONAL DISORDERS

<b>DISORDER</b>	<b>DEFINITION</b>
<b>Colitis</b>	Inflammatory disease of the colon or rectum.
<b>Constipation</b>	Where a person experiences difficulty in eliminating faeces.
<b>Crohn's Disease</b>	Inflammatory bowel disease that can affect any part of the gastrointestinal tract.
<b>Cystitis</b>	Inflammation of the bladder.
<b>Diverticulitis</b>	A condition that arises as a build-up of pressure in the large bowel, causing pressure on weakened areas of the bowel wall.
<b>Gallstones</b>	Crystalline bodies formed within the body by bile components.
<b>Gastritis</b>	Inflammation of the stomach lining. White blood cells move into the wall of the stomach as a response to injury.

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<b>DISORDER</b>	<b>DEFINITION</b>
<b>Gastroenteritis</b>	Inflammation of the gastrointestinal tract, is an illness of fever, diarrhoea, and / or vomiting caused by an infectious virus, bacterium or parasite.
<b>Gout</b>	A type of arthritis, caused by the body's inability to metabolise uric acid. The result is an accumulation of uric acid crystals in the joints, causing pain and inflammation.
<b>Haemorrhoids</b>	Swelling and inflammation of veins in the rectum and anus.
<b>Irritable Bowel Syndrome</b>	A group of functional bowel disorders, characterised by chronic abdominal complaints without a structural cause that could explain symptoms.